

SHEET METAL WORKERS (LOCAL 280) HEALTH BENEFIT PLAN

July 2022

CONTACT US:

- Update your address
- Add/remove spouse and dependent children
- Update your life insurance beneficiary
- Check your hour-bank balance
- When you are on a WorkSafe claim
- Request claim forms (Vision Care/Hearing Aid/Short Term Disability/Extended Health)



PLAN UPDATE

The 2019 Federal Budget introduced new legislation that prohibits Pension Plans like ours from accepting contributions for Members collecting a Local 280 Pension. This change took effect after the expiration of the July 2019 – April 2022 Collective Agreement.

In response, the Pension Trustees have agreed to re-direct these contributions to the Health Benefit Plan, to benefit all Plan Members.

EFFECTIVE SEPTEMBER 1, 2022

Vision Care coverage will increase from \$500 to \$600/2 years.

Vision Care benefits include eye exams, prescription eye wear (contacts, glasses, sunglasses or safety glasses), laser eye and cataract surgery.

Paramedical coverage will increase from \$1,500 to \$2,000/year.

This benefit includes Chiropractor, Physiotherapist, Massage Practitioner, Naturopath, Acupuncturist, Podiatrist, Homeopath and Speech Language Pathologist.

Reminder – Clinical Counsellor and/or Psychologist are reimbursed at 100% up to \$2,000/year.

The following websites are useful tools for choosing a practitioner that meets your specific needs. Most offer virtual visits.

Registered Clinical Counsellor	bcacc.ca
Registered Psychologist	psychologists.bc.ca

Crowns and Bridges will be introduced under the Retired Health Benefit Plan (50% reimbursement).

Note – Retired Health Benefit coverage is available to Members who have been covered for the 5-year period immediately preceding their retirement. The Trustees continue to make every effort to maintain benefits for retirees, however there are no guarantees that benefits will continue indefinitely.



CONSTRUCTION INDUSTRY REHAB PLAN

Almost all Local 280 Employers contribute to this fund to ensure that help is available when you, or someone in your family, needs it.

They provide more than just addiction treatment.

Counselling is available to support mental health issues such as stress, anxiety and depression.

To get started with counselling, call them for an intake with the case manager. They will assign you a registered counsellor best suited to your needs.

You will be offered a 12-month treatment plan and counselling sessions of one hour, once per week. These services are currently being conducted online and in person. You are offered 12 months of counselling, but some people may require more, and others just a few months. The goal is equip you with the skills to provide long-term solutions.

CONTACT INFORMATION

210 – 6400 Roberts Street
Burnaby, BC V5G 4C9

Website constructionrehabplan.com
Phone (604) 521-8611
Toll-free 1-888) 521-8611

RETIREMENT PLANNING SEMINAR

SAVE THE DATE

We will once again be hosting a retirement planning seminar. This year, the session will be a half day.

This will take place at the Guildford Sheraton Hotel in Surrey, BC on September 24, 2022.

The seminar will be available to Members over age 35. Invitations will be mailed shortly.

Anyone wishing to attend will be required to register in advance and secure their spot with a (refundable) deposit. We welcome you to attend with your significant other.



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